

27 June 2019

Living Conditions Survey (LCS). Year 2018
Module on Well-being

The average level of satisfaction with life of the Spanish population improves four tenths in five years, up to 7.3 points out of 10

The average assessment of the economic situation has increased half a point since 2013 and stands at 6.3 points.

The Living Conditions Survey (LCS) includes a module each year, harmonised at European level, to study in depth different aspects of the life of households.

The 2018 edition included a *Module on Well-being*. It consists of a limited set of questions that measure different aspects of quality of life that go beyond the material dimension or income received.

In 2013 a similar module was included, which allows, for some variables, to know in a more detailed way the changes produced between 2013 and 2018.

Overall life satisfaction

The average level of overall satisfaction with life was 7.3 points out of 10 in 2018, representing an increase of 0.4 points compared to the 6.9 registered in 2013.

By sex, the average level of overall satisfaction with life was somewhat higher for men (7.4 points out of 10) than for women (7.3).

By age, the satisfaction with life was higher in younger people (the average level was 7.7 points out of 10 in the age group of 16 to 29 years) to gradually decrease as age advances, reaching a value of 6.9 points for those over 65 years.

Almost one in four people (24.4%) reported a satisfaction level of 9 to 10 points. On the other hand, 6.1% rated their satisfaction between zero and four points.

Overall satisfaction with life, according to income and level of studies

The overall satisfaction with life was higher in people with the highest household income and the highest level of education.

Thus, the average assessment of persons living in households with high incomes reached 7.9 points out of 10, as compared with 6.7 points for those with lower incomes.

Regarding the level of studies, the average level of overall satisfaction with life of persons with a higher level of education was 7.8 points, while those with a primary education or lower had an average assessment of 6.6 points.

Overall life satisfaction

(0: not at all satisfied; 10: fully satisfied). Horizontal percentages and average value

	De 0 a 4		5-6		7 a 8		9 a 10		Valor medio	
	2013	2018	2013	2018	2013	2018	2013	2018	2013	2018
TOTAL	9,7	6,1	26,7	19,2	45,2	50,3	18,4	24,4	6,9	7,3
GRUPO DE EDAD										
De 16 a 29 años	6,6	3,0	20,3	14,9	49,1	49,5	24,0	32,5	7,3	7,7
De 30 a 44 años	8,9	4,0	24,7	16,5	45,9	52,0	20,5	27,5	7,0	7,6
De 45 a 64 años	10,4	6,9	29,3	20,4	45,8	51,3	14,5	21,5	6,7	7,2
65 o más años	12,6	9,9	30,8	23,9	39,8	47,3	16,8	18,9	6,6	6,9
SEXO										
Varones	9,9	5,8	26,7	18,6	45,2	51,2	18,2	24,4	6,9	7,4
Mujeres	9,6	6,5	26,6	19,8	45,1	49,5	18,7	24,3	6,9	7,3
QUINTIL DE RENTA POR UNIDAD DE CONSUMO										
Primer Quintil	17,6	11,7	33,4	27,2	36,3	45,0	12,7	16,1	6,2	6,7
Segundo Quintil	12,4	8,6	30,5	24,1	41,9	47,8	15,2	19,5	6,6	7,0
Tercer Quintil	9,4	5,2	28,1	19,5	45,1	51,4	17,4	23,9	6,9	7,4
Cuarto Quintil	5,5	3,3	24,4	15,1	48,3	53,3	21,8	28,3	7,2	7,6
Quinto Quintil	4,6	2,2	17,7	10,7	53,3	53,7	24,4	33,4	7,5	7,9
NIVEL DE FORMACIÓN ALCANZADO										
Educación primaria o inferior	15,9	12,8	34,6	28,6	36,6	44,0	12,9	14,7	6,3	6,6
Secundaria primera etapa	10,1	6,1	29,3	21,7	43,4	50,2	17,3	22,0	6,8	7,2
Secundaria segunda etapa	6,9	3,1	23,7	17,5	48,7	52,6	20,7	25,8	7,1	7,5
Educación superior	5,6	2,8	18,6	11,5	52,6	53,3	23,3	32,4	7,4	7,8
RELACIÓN CON LA ACTIVIDAD										
Ocupados	4,6	2,3	22,3	14,7	52,0	55,0	21,2	28,0	7,3	7,7
Parados	20,3	14,1	35,0	32,0	33,5	40,0	11,2	14,0	6,0	6,4
Jubilados	10,4	8,0	29,4	21,8	42,9	49,5	17,3	20,7	6,8	7,1
Otros inactivos	10,7	8,9	26,4	20,3	43,1	46,0	19,7	24,8	6,8	7,2
NACIONALIDAD										
Española	9,4	6,0	26,3	19,1	45,8	50,5	18,5	24,4	6,9	7,3
Extranjera (Unión Europea)	8,7	9,4	30,7	16,7	42,1	48,8	18,5	25,1	6,8	7,2
Extranjera (Resto del mundo)	14,2	5,9	29,6	23,5	38,3	47,8	17,9	22,8	6,6	7,2

Satisfaction with the economic situation

The average assessment of satisfaction with the economic situation has increased from 5.8 points out of 10 in 2013 to 6.3 points in 2018.

The persons with the highest level of income in 2018 were the most satisfied with the financial situation of their household (with an average score of 7.5 points out of 10). By educational level, the most satisfied were those with higher education (7.1 points).

At the opposite extreme were the unemployed, with an average assessment of 4.7 points out of 10. 39.9% of the unemployed declared a level of satisfaction of four points or less. This percentage was almost 10 points lower than in 2013, when 49.0% declared that score.

Satisfaction with the economic situation

(0: not at all satisfied; 10: fully satisfied). Horizontal percentages and average value

	De 0 a 4		5-6		7 a 8		9 a 10		Valor medio	
	2013	2018	2013	2018	2013	2018	2013	2018	2013	2018
TOTAL	23,4	16,3	36,6	32,2	32,7	39,2	7,4	12,3	5,8	6,3
GRUPO DE EDAD										
De 16 a 29 años	22,2	14,2	32,6	29,9	34,5	39,3	10,8	16,6	6,0	6,5
De 30 a 44 años	24,8	14,6	36,6	31,9	31,8	40,6	6,8	12,9	5,6	6,4
De 45 a 64 años	25,4	18,4	37,0	31,0	31,6	39,6	6,0	11,0	5,6	6,1
65 o más años	19,1	16,8	39,4	36,1	34,1	36,9	7,5	10,2	6,0	6,2
SEXO										
Varones	23,4	15,5	36,6	31,2	32,6	40,3	7,4	13,1	5,8	6,4
Mujeres	23,3	17,1	36,5	33,2	32,8	38,2	7,3	11,5	5,8	6,2
QUINTIL DE RENTA POR UNIDAD DE CONSUMO										
Primer Quintil	45,9	37,0	35,3	37,1	16,1	21,0	2,7	4,9	4,4	4,9
Segundo Quintil	31,9	22,6	41,8	41,9	22,1	29,2	4,3	6,2	5,2	5,7
Tercer Quintil	21,9	12,9	41,7	36,5	31,4	40,8	5,1	9,7	5,7	6,3
Cuarto Quintil	12,4	7,2	38,9	27,9	39,9	50,2	8,8	14,7	6,3	6,9
Quinto Quintil	6,9	3,3	25,6	18,0	52,2	53,5	15,4	25,2	7,0	7,5
NIVEL DE FORMACIÓN ALCANZADO										
Educación primaria o inferior	30,6	26,0	39,5	40,0	25,5	27,7	4,4	6,3	5,3	5,5
Secundaria primera etapa	28,8	20,6	37,3	36,7	28,0	33,5	6,0	9,3	5,4	5,9
Secundaria segunda etapa	19,3	13,4	38,7	31,5	34,6	43,6	7,5	11,6	5,9	6,4
Educación superior	14,3	7,9	31,3	23,3	42,8	49,1	11,6	19,7	6,4	7,1
RELACIÓN CON LA ACTIVIDAD										
Ocupados	16,0	10,0	37,0	30,6	38,9	45,2	8,2	14,2	6,2	6,7
Parados	49,0	39,9	34,5	35,6	13,7	19,0	2,8	5,4	4,3	4,7
Jubilados	16,0	13,5	38,7	34,3	37,0	40,5	8,3	11,8	6,1	6,4
Otros inactivos	22,4	20,3	36,0	32,4	32,9	35,4	8,7	11,9	5,9	6,1
NACIONALIDAD										
Española	22,3	15,8	36,5	32,0	33,8	39,8	7,5	12,4	5,8	6,3
Extranjera (Unión Europea)	22,6	17,1	39,8	35,9	27,8	33,1	9,8	13,9	5,8	6,0
Extranjera (Resto del mundo)	38,2	25,2	36,0	33,4	20,8	32,0	5,0	9,3	5,0	5,7

Satisfaction with the job

The average satisfaction with the current job has gone from 6.9 points out of 10 in 2013 to 7.3 points in 2018.

The most satisfied persons in 2018 were those living in households with the highest income level (7.7 points of average assessment in 2018, as compared with 7.2 in 2013) and those with higher education (7.6 points).

In turn, the foreign population showed the highest percentage of people dissatisfied with the job (11.5% scored their satisfaction between zero and four points).

By sex, the satisfaction with the job was quite similar between women (whose average assessment was 7.3 points) and men (7.4 points).

Satisfaction with their current job

(0: not at all satisfied; 10: fully satisfied). Horizontal percentages and average value

	De 0 a 4		5-6		7 a 8		9 a 10		Valor medio	
	2013	2018	2013	2018	2013	2018	2013	2018	2013	2018
TOTAL	10,1	6,4	26,4	20,4	44,2	47,6	19,4	25,6	6,9	7,3
GRUPO DE EDAD										
De 16 a 29 años	9,2	5,1	28,4	21,8	41,1	43,0	21,2	30,1	6,9	7,4
De 30 a 44 años	10,0	6,0	25,0	20,5	46,1	47,7	18,9	25,8	6,9	7,4
De 45 a 64 años	10,5	7,1	27,3	19,9	42,9	48,9	19,3	24,2	6,9	7,3
65 o más años	5,5	10,6	25,4	9,1	39,1	52,9	30,0	27,5	7,4	7,5
SEXO										
Varones	10,4	6,0	27,3	20,0	43,6	48,6	18,7	25,4	6,8	7,4
Mujeres	9,6	6,8	25,2	20,8	44,8	46,5	20,9	26,0	7,0	7,3
QUINTIL DE RENTA POR UNIDAD DE CONSUMO										
Primer Quintil	17,4	11,2	32,9	28,4	33,5	40,8	16,2	19,6	6,3	6,8
Segundo Quintil	11,9	7,7	29,6	27,1	40,7	43,8	17,7	21,4	6,7	7,0
Tercer Quintil	10,3	7,3	26,5	20,2	43,7	48,6	19,4	23,9	6,9	7,3
Cuarto Quintil	8,4	4,4	25,5	17,7	46,9	50,4	19,2	27,6	7,0	7,5
Quinto Quintil	7,4	4,4	22,7	15,1	48,1	49,9	21,8	30,6	7,2	7,7
NIVEL DE FORMACIÓN ALCANZADO										
Educación primaria o inferior	12,2	8,7	33,4	32,3	37,8	43,5	16,6	15,5	6,6	6,7
Secundaria primera etapa	10,3	6,7	28,8	24,1	41,6	47,9	19,3	21,4	6,8	7,2
Secundaria segunda etapa	11,0	8,4	27,6	22,4	42,6	48,1	18,9	21,0	6,8	7,1
Educación superior	8,9	4,7	22,6	15,5	48,1	47,8	20,5	31,9	7,1	7,6
NACIONALIDAD										
Española	9,7	6,0	26,1	20,1	44,4	48,0	19,8	25,9	6,9	7,4
Extranjera (Unión Europea)	8,4	6,1	30,8	24,3	45,3	38,4	15,6	31,1	6,7	7,3
Extranjera (Resto del mundo)	15,7	11,5	26,6	22,1	40,0	47,3	17,6	19,1	6,6	7,0

Satisfaction with the time available

By age, people aged 65 and over were, in general, those who considered themselves most satisfied with the time they have to do what they like. Their average value was 7.6 points out of 10.

In turn, people from 30 to 44 were the least satisfied with their time available (6.3 points on average). However, when comparing the results for 2018 with those for 2013, there is a slight increase in this assessment.

Satisfaction with the time available to do what one likes

(0: not at all satisfied; 10: fully satisfied). Horizontal percentages and average value

	De 0 a 4		5-6		7 a 8		9 a 10		Valor medio	
	2013	2018	2013	2018	2013	2018	2013	2018	2013	2018
TOTAL	16,1	13,2	26,7	23,3	36,0	40,5	21,2	23,0	6,6	6,8
GRUPO DE EDAD										
De 16 a 29 años	11,5	8,4	23,8	21,7	39,9	43,6	24,9	26,3	7,0	7,2
De 30 a 44 años	21,5	19,0	33,0	27,2	32,9	38,8	12,6	14,9	6,0	6,3
De 45 a 64 años	18,9	15,9	27,1	25,7	36,6	39,2	17,4	19,3	6,4	6,6
65 o más años	7,7	5,6	19,2	16,3	36,2	42,3	36,8	35,8	7,5	7,6
SEXO										
Varones	15,3	12,6	26,6	23,3	35,5	39,8	22,6	24,3	6,7	6,9
Mujeres	16,9	13,8	26,8	23,3	36,4	41,2	19,9	21,7	6,5	6,8
QUINTIL DE RENTA POR UNIDAD DE CONSUMO										
Primer Quintil	17,2	15,4	27,6	25,8	34,6	38,9	20,6	19,9	6,5	6,6
Segundo Quintil	16,8	14,6	28,0	22,4	35,5	41,0	19,8	22,0	6,5	6,8
Tercer Quintil	16,2	13,1	25,3	22,7	36,2	42,0	22,4	22,2	6,7	6,8
Cuarto Quintil	16,2	12,4	25,4	22,6	36,1	40,5	22,3	24,5	6,7	7,0
Quinto Quintil	14,5	10,5	27,2	23,3	37,3	40,2	21,0	26,1	6,7	7,1
NIVEL DE FORMACIÓN ALCANZADO										
Educación primaria o inferior	12,2	8,9	25,3	21,9	35,9	42,9	26,6	26,2	7,0	7,2
Secundaria primera etapa	17,2	13,4	25,9	24,3	36,1	40,1	20,8	22,1	6,6	6,8
Secundaria segunda etapa	17,5	14,9	26,6	23,5	37,0	40,3	18,9	21,3	6,5	6,7
Educación superior	17,9	14,8	28,9	23,4	35,1	39,2	18,1	22,6	6,4	6,8
RELACIÓN CON LA ACTIVIDAD										
Ocupados	24,0	18,8	32,6	28,5	33,4	38,1	10,0	14,6	5,8	6,3
Parados	13,0	11,5	24,6	21,0	37,0	43,3	25,4	24,2	6,9	7,0
Jubilados	6,5	4,8	17,5	14,1	35,8	41,9	40,2	39,1	7,7	7,8
Otros inactivos	10,5	8,3	23,6	20,6	40,1	43,4	25,7	27,7	7,1	7,2
NACIONALIDAD										
Española	15,8	13,0	26,3	23,1	36,3	40,6	21,6	23,3	6,6	6,9
Extranjera (Unión Europea)	20,8	13,0	23,5	23,5	33,7	39,4	21,9	24,1	6,5	6,8
Extranjera (Resto del mundo)	17,5	17,3	33,8	27,3	33,4	39,8	15,3	15,6	6,3	6,5

Personal relationships

The population aged 16 to 29 was the most satisfied with their personal relationships, with an average assessment of 8.5 points in 2018.

The percentage of persons who gave a value of zero to four points to their personal relationships did not reach 3.0% in any of the groups considered.

Satisfaction with personal relationships

(0: not at all satisfied; 10: fully satisfied). Horizontal percentages and average value

	De 0 a 4		5-6		7 a 8		9 a 10		Valor medio	
	2013	2018	2013	2018	2013	2018	2013	2018	2013	2018
TOTAL	3,5	1,9	14,9	8,5	45,6	41,3	36,0	48,3	7,8	8,2
GRUPO DE EDAD										
De 16 a 29 años	1,7	1,1	11,8	5,4	44,5	38,0	42,0	55,5	8,1	8,5
De 30 a 44 años	3,9	1,8	14,3	8,3	45,4	41,5	36,4	48,4	7,8	8,3
De 45 a 64 años	3,9	2,2	15,7	9,2	48,4	43,9	32,0	44,7	7,7	8,2
65 o más años	4,0	2,3	17,2	9,7	42,3	39,7	36,4	48,3	7,8	8,2
SEXO										
Varones	3,3	1,9	15,0	8,5	46,4	42,8	35,2	46,8	7,8	8,2
Mujeres	3,7	2,0	14,8	8,4	44,7	39,9	36,8	49,7	7,8	8,3
QUINTIL DE RENTA POR UNIDAD DE CONSUMO										
Primer Quintil	5,2	2,7	18,9	11,4	41,9	41,6	34,0	44,3	7,6	8,0
Segundo Quintil	4,5	2,8	18,5	10,1	43,6	41,6	33,3	45,5	7,6	8,1
Tercer Quintil	3,3	1,3	15,1	8,6	45,1	41,1	36,5	48,9	7,8	8,3
Cuarto Quintil	2,4	1,3	11,9	6,9	48,8	39,4	36,9	52,4	7,9	8,4
Quinto Quintil	2,3	1,5	10,6	5,4	48,0	42,9	39,0	50,1	8,0	8,4
NIVEL DE FORMACIÓN ALCANZADO										
Educación primaria o inferior	5,1	2,9	20,6	12,0	43,3	42,3	31,0	42,7	7,5	8,0
Secundaria primera etapa	3,0	1,8	15,0	8,6	44,2	42,1	37,7	47,5	7,9	8,3
Secundaria segunda etapa	3,2	2,0	12,6	8,1	46,8	41,3	37,4	48,6	7,9	8,3
Educación superior	2,7	1,3	10,9	6,0	48,1	39,9	38,4	52,9	8,0	8,4
RELACIÓN CON LA ACTIVIDAD										
Ocupados	2,8	1,5	12,9	7,5	48,3	42,6	36,0	48,4	7,9	8,3
Parados	5,2	2,5	18,2	11,7	42,9	42,0	33,7	43,7	7,6	8,0
Jubilados	3,4	2,0	16,3	8,7	43,0	40,0	37,2	49,3	7,8	8,3
Otros inactivos	3,7	2,5	15,1	8,6	44,3	39,2	36,9	49,6	7,8	8,2
NACIONALIDAD										
Española	3,2	1,9	14,4	8,0	46,0	40,9	36,4	49,2	7,8	8,3
Extranjera (Unión Europea)	5,9	1,6	14,3	11,8	43,7	45,5	36,0	41,1	7,7	7,9
Extranjera (Resto del mundo)	5,9	2,4	21,9	14,1	41,0	46,7	31,2	36,8	7,4	7,9

Review and updating of data

The data published today are final. All results are available on INEBase.

Methodological note

The Living Conditions Survey (LCS) is an annual statistical operation aimed at households, and it is conducted in all European Union countries. This is a harmonised statistic which is supported by Regulation (EC) No 1177/2003 of the European Parliament and of the Council of 16 June 2003 on Community statistics on income and living conditions.

The LCS incorporates each year a module to study in depth different aspects of the living conditions of households. The 2018 edition included a **Module on Well-being**.

This module, like the main survey, is harmonised at the European level and is collected through the mandate of a European Regulation (*Commission Regulation (EU) 2017/310 of 22 February 2017 implementing Regulation (EC) No 1177/2003 of the European Parliament and of the Council concerning Community statistics on income and living conditions (EU-SILC) as regards the list of target secondary variables relating to material deprivation, well-being and difficulties related to accommodation in 2018*).

The 2018 edition has been carried out by the National Statistics Institute (INE) in collaboration with the Statistical Institute of Cataluña (IDESCAT) within the scope of this Autonomous Community.

Type of survey: annual

Collection period: Third four-month period of 2018.

Sample size: The effective sample is made up of about 34,000 people.

Type of sampling: The LCS is a panel survey in which the interviewed persons collaborate during four consecutive years. It is a stratified two-stage sampling. The first stage units are the census tracts and the second stage units are the family dwellings.

Collection method: personal and telephone interview.

For more information you can access the methodology at:

https://www.ine.es/en/daco/daco42/condivi/ecv_metodo_en.pdf

And the standardised methodological report at:

<https://www.ine.es/dynt3/metadatos/en/RespuestaDatos.html?oe=30453>

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Press office: Telephone numbers: (+34) 91 583 93 63/94 08 – gprensa@ine.es

Information Area: Telephone number: (+34) 91 583 91 00 – www.ine.es/infoine/?L=1
